

## Resource List

<b>Emergency Services</b>	
Harrisonburg Police Department	911 or 540-434-4436 (non-emergency)
Rockingham County Sheriff's Dept.	911 or 540-564-3800
Harrisonburg/Rockingham Crime Solvers	540-574-5050
Poison Control	1-800-222-1222
Red Cross	540-886-9151
Sentara RMH Medical Center	540-689-1000
The Child Abuse & Neglect Hotline	1-800-552-7096
Runaway Hotline	1-800-786-2929 (1-800-run-away)
<b>Food Pantries</b>	
Valley Mission	540-886-4673
Patchwork Pantry	540-433-2148
Hope Distributed	540-578-3510
<b>Emergency Shelters</b>	
First Step (domestic violence)	540-434-0295
New Directions (domestic violence)	540-886-6800
Mercy House (homeless shelter)	540-432-1812
Salvation Army	540-433-2785
<b>Crisis Counseling/Suicide Prevention</b>	
Covenant House 9-line	1-800-999-9999
Community Service Board	540-434-1941
24 Hour Hotline	540-434-1766
Suicide Prevention Lifeline	1-800-273-TALK
<b>Rape/Sexual Assault/Violence</b>	
The Collins Center	540-434-2272
Department of Social Services	540-574-5100
Family Violence & Sexual Assault	1-800-838-8238
First Step	540-434-0295
Stop it Now, VA Dept of Health	1-888-773-8368
<b>Drug &amp; Alcohol Information</b>	
Alcoholics Anonymous	540-434-8870
The National Drug Helpline	1-844-289-0879
Community Services Board	540-434-1941
Sentara RMH Life Recovery Program	540-564-5100
Futuro Latino	540-568-5284
<b>LGBTQ+ Support</b>	
The Trevor Project	1-866-488-7386
Virginia's LGBTQ+ Helpline	866-356-6998
Trans Lifeline	1-877-565-8860
LGBT Youth Talkline	1-800-246-7743
Shenandoah LGBTQ Center	540-466-3320
<b>Health/AIDS/Pregnancy Help</b>	
Harrisonburg/Rockingham Co. Health Dept.	540-574-5100
Harrisonburg Community Health Center	540-433-4913
AVA Care	540-434-7528
VA HIV/STDS/TB/Pharmacy	1-800-533-4148
National STD Hotline	1-800-232-4636
Hand-in-Hand Resource Mothers Program	540-564-7151
<b>Eating Disorders</b>	
Augusta Medical Center	1-800-932-0262 ext. 2525
Community Services Board	540-434-1941
<b>Employment</b>	
VA Employment Commission	540-434-2513
VA Career Works	540-433-4864